



Kadampa Meditation Center Texas

March 2010

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www.meditationintexas.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 10am - PWP Class 1:30pm - LP tsog 6pm - FP	1 7:30am - HJ Med. 8:45am - Prostrations 12pm - LTM 7pm - Teen Class	2 7:30am - HJ Med. 8:45am - Prostrations	3 7:30am - HJ Class 6pm - MB Prayers 7pm - GP Class	4 7:30am - HJ Med. 8:45am - Prostrations 6pm - Powa 7pm - TTP	5 7:30am - HJ Med. 8:45am - Prostrations 7pm - Quick Path *	6 Peace of Mind Retreat
7 10am - PWP Class 1:30pm - TTP 4:15pm - WFJ tsog 6pm - FP	8 Tara Day 7:30am - HJ Med. 8:45am - Prostrations 12pm - LTM 6pm - Tara Prayers 7pm - Teen Class	9 7:30am - HJ Med. 8:45am - Prostrations	10 Tsog Day 7:30am - OSG tsog 6pm - MB Prayers 7pm - GP Class	11 7:30am - HJ Med. 8:45am - Prostrations 6pm - Manjushri 7pm - TTP	12 7:30am - HJ Med. 9am - Sojong ** 7pm - Quick Path *	13
14 10am - PWP Class 1:30pm - TTP 4:15pm - WFJ tsog 6pm - FP	15 6:30am - Precepts 7:30am - HJ Med. 8:45am - Prostrations 12pm - LTM 7pm - Teen Class	16 7:30am - HJ Med. 8:45am - Prostrations	17 7:30am - HJ Med 6pm - MB Prayers 7pm - GP Class	18 7:30am - HJ Med. 8:45am - Prostrations 6pm - Prajnaramita 7pm - TTP	19 Maitreya Empowerment 7:30am - HJ Med. 8:45am - Prostrations 7pm - Introduction	20 10am - Empowerment 1:30pm - Commentary 3:30pm - Maitreya
21 10am - PWP Class 1:30pm - TTP 4:15pm - WFJ tsog 6pm - FP	22 7:30am - HJ Med. 8:45am - Prostrations 12pm - LTM 7pm - Teen Class	23 7:30am - HJ Med. 8:45am - Prostrations	24 7:30am - HJ Class 6pm - MB Prayers 7pm - GP Class	25 Tsog Day 7:30am - HJ Med. 8:45am - Prostrations 7pm - OSG tsog	26 7:30am - HJ Med. 8:45am - Prostrations 7pm - Quick Path *	27 Center Cherishing Day 9am - Tara Puja
28 10am - PWP Class 1:30pm - TTP 4:15pm - WFJ tsog 6pm - FP	29 Protector Day 7:30am - LP tsog 12pm - LTM 7pm - Teen Class	30 7:30am - HJ Med. 9am - Sojong **	31 7:30am - HJ Class 6pm - MB Prayers 7pm - GP Class	1 7:30am - HJ Med. 8:45am - Prostrations 6pm - Powa 7pm - TTP	2 7:30am - HJ Med. 8:45am - Prostrations 7pm - Quick Path *	3 Shelter from the Storm

Chanted Prayer Sessions:

QP - Quick Path (2hrs)
HJ - Heart Jewel (1hr)
WFJ - Wishfulfilling Jewel (1hr)

OSG - Offering to the Spiritual Guide (2hrs)
LP - Long Protector (4hrs)
* HYT only ** Ordained only

+Tsog - Bring Food Offerings
Prostrations - 35 Confession Buddha
MB Prayers - Medicine Buddha

Classes:

PWP - Prayers for World Peace
LTM - Lunchtime Meditation
GP - General Program
FP - Foundation Program

TTP - Teacher Training Program
HJ Class - Heart Jewel Class
HJ Med. - Prayers and Meditation