



Kadampa Meditation Center Texas

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June 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NKT Spring Festival 10am - PWP Class 1:30pm - Quick Path* 4:15pm - WFJ tsoq 6pm - FP	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga* 12pm - LTM 5:30pm - Dakini Yoga* 7pm - Teen Class	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga* 7pm - GP Class	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga* 7pm - TTP	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Powa 7pm - TTP	B.T.W.D.D. 7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga* 7pm - OSG tsoq	Peace of Mind Retreat 7:30am - WFJ Med. 7pm - Quick Path*
Guru Yoga Mandala Retreat 10am - PWP Class 1:30pm - Session 1 4:15pm - WFJ tsoq 6pm - FP	7:30am - Session 1 10:30am - Session 2 12pm - LTM 2pm - WFJ Med. 4pm - Session 3 7pm - Session 4	7:30am - Session 1 10:30am - Session 2 2pm - WFJ Med. 4pm - Session 3 7pm - GP Class	Tsog Day 7:30am - Session 1 10:30am - Session 2 2pm - WFJ Med. 4pm - Session 3 7pm - OSG tsoq	Tsog Day 7:30am - Session 1 10:30am - Session 2 2pm - WFJ Med. 4pm - Session 3 7pm - Session 4	B.T.W.D.D. 7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga* 7pm - OSG tsoq	Peace of Mind Retreat 7:30am - Session 1 10:30am - Session 2 2pm - WFJ Med. 4pm - Session 3 7pm - Session 4
10am - PWP Class 1:30pm - TTP 4:15pm - WFJ tsoq 6pm - FP	7:30am - WFJ Med. 8:45am - Prostrations 12pm - LTM 5:30pm - Dakini Yoga* 7pm - Teen Class	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga* 7pm - GP Class	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - MB Prayers 7pm - TTP	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - MB Prayers 7pm - TTP	7:30am - WFJ Med. 8:45am - Prostrations 7pm - Quick Path*	The American Dream 7:30am - WFJ Med. 7pm - Quick Path*
10am - PWP Class 1:30pm - TTP 4:15pm - WFJ tsoq 6pm - FP	7:30am - WFJ Med. 8:45am - Prostrations 12pm - LTM 7pm - Quick Path*	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga* 7pm - GP Class	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - MB Prayers 7pm - TTP	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - MB Prayers 7pm - TTP	Tsog Day 7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga* 7pm - OSG tsoq	Center Cherishing Day 9am - WFJ Med. 7pm - Quick Path*
10am - PWP Class 1:30pm - TTP 4:15pm - WFJ tsoq 6pm - FP	7:30am - WFJ Med. 8:45am - Prostrations 12pm - LTM 5:30pm - Dakini Yoga* 7pm - Teen Class	7:30am - WFJ Med. 9am - Sojong 5:30pm - Dakini Yoga* 7pm - GP Class	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Powa 7pm - TTP	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Powa 7pm - TTP	Protector Day 7:30am - LP tsoq 5:30pm - Dakini Yoga*	7:30am - WFJ Med. 8:45am - Prostrations 7pm - Quick Path*

Chanted Prayer Sessions:
 QP - Quick Path (2hrs)
 WFJ - Wishfulfilling Jewel (1hr)
 OSG - Offering to the Spiritual Guide (2hrs) +Tsog - Bring Food Offerings
 LP - Long Protector (4hrs)
 * HYT only ** Ordained only

Classes:
 PWP - Prayers for World Peace
 LTM - Lunchtime Meditation
 GP - General Program
 FP - Foundation Program

TTP - Teacher Training Program
 HJ Class - Heart Jewel Class