



Kadampa Meditation Center Texas

July 2010

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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
10am - PWP Class 1:30pm - TTP 4:15pm - WFJ tsog 6pm - FP	27	7:30am - WFJ Med. 8:45am - Prostrations 12pm - LTM 5:30pm - Dakini Yoga* 7pm - Teen Class	28	Protector Day 7:30am - LP tsog 5:30pm - Dakini Yoga*	29	7:30am - WFJ Med. 9am - Sojong 5:30pm - Dakini Yoga* 7pm - GP Class	30	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Powa 7pm - TTP
10am - PWP Class 1:30pm - TTP 4:15pm - WFJ tsog 6pm - FP	4	7:30am - WFJ Med. 8:45am - Prostrations 12pm - LTM 7pm - Quick Path*	5	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga*	6	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga*	7	Tara Day 7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Tara Prayers 7pm - TTP
10am - PWP Class 1:30pm - TTP 4:15pm - WFJ tsog 6pm - FP	11	7:30am - WFJ Med. 8:45am - Prostrations 12pm - LTM 5:30pm - Dakini Yoga* 7pm - Teen Class	12	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga*	13	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga*	14	Precepts Day 6:30am - Precepts 7:30am - WFJ Med. 9am - Sojong** 5:30pm - MB Prayers 7pm - TTP
10am - PWP Class 1:30pm - TTP (Exam) 4:15pm - WFJ tsog 6pm - FP	18	7:30am - WFJ Med. 8:45am - Prostrations 12pm - LTM 7pm - Quick Path*	19	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga*	20	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga*	21	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - MB Prayers 7pm - Quick Path*
NKT Summer Festival Tsog Day 10am - PWP Class 1:30pm - Dakini Yoga* 4:15pm - WFJ tsog 7pm - OSG tsog	25	7:30am - WFJ Med. 8:45am - Prostrations 12pm - LTM 7pm - Quick Path*	26	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga*	27	7:30am - WFJ Med. 8:45am - Prostrations 5:30pm - Dakini Yoga*	28	7:30am - WFJ Med. 9am - Sojong** 7pm - Quick Path*
9am - WFJ Med. 7pm - Quick Path*	3	9am - WFJ Med. 7pm - Quick Path*	9	Mala Making Course Tsog Day 7:30am - WFJ Med. 8:45am - Prostrations 7pm - Quick Path* 7pm - OSG tsog	10	9am - WFJ Med. 7pm - Quick Path*	16	A Pure Life 7:30am - WFJ Med. 7pm - Quick Path*
9am - WFJ Med. 2pm - Self-Initiation*	24	9am - WFJ Med. 2pm - Self-Initiation*	23	NKT Summer Festival 7:30am - WFJ Med. 8:45am - Prostrations 7pm - Quick Path*	24	9am - WFJ Med. 2pm - Self-Initiation*	30	Peace of Mind Retreat 7:30am - WFJ Med. 7pm - Quick Path*

Chanted Prayer Sessions:

QP - Quick Path (2hrs)
WFJ - Wishfulfilling Jewel (1hr)
* HYT only ** Ordained only

OSG - Offering to the Spiritual Guide (2hrs)
LP - Long Protector (4hrs)
Prostrations - 35 Confession Buddhas
MB Prayers - Medicine Buddha

Classes:

PWP - Prayers for World Peace
LTM - Lunctime Meditation
GP - General Program
FP - Foundation Program

TTP - Teacher Training Program
HJ Class - Heart Jewel Class